



DUDIVE WINTER COMPETITION ENTRY PACK

Saturday 30th January, 2016

DuDive Winter Competition
Hamdan Sports Complex, Dubai

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INTRODUCTION

Venue

Hamdan Sports Complex
P.O.Box 66677
Emirates Road,
Dubai,
United Arab Emirates
(www.hamdansc.com)

Contact Information

Daniel Campbell
DuDive Diving Club
Dan@DuDive.com
+971 (0) 50 526 7700

Location Map



Following reading this Entry Pack, should you have any further questions, please contact Daniel Campbell by phone (+971 (0) 50 526 7700) or via email (Dan@DuDive.com).

Facilities

Diving Pool

2 x 1m Springboards
3 x 3m Springboards

1 x 1m Platform
1 x 3m Platform
1 x 5m Platform
1 x 7.5m Platform
1 x 10m Platform

Dry Gym

2 x Dry Boards
1 x Olympic Size Trampoline
1 x Overhead Harness
2 x Portable Video Replay Systems
3 x Somersault Blocks and Mats

EVENT INFORMATION

The DuDive Winter Competition will be run under the FINA Technical Rules of Diving.

The DuDive Winter Competition will run alongside the DuDive Winter Club Competition. In addition to the events outlined below, DuDive will be running Beginner, Intermediate, Advanced, Foundation, Little Stars, and Development 2 level competitions for members of the DuDive Lesson Programme.

In the springboard events, divers will be allowed to use a combination of 1m and 3m springboard dives. The boys and girls will compete together and rankings will then be awarded separately.

Events and age groups (as at 31st December 2016) will be as follows:

Category	Board Height	Event
Group E/D (8/11 Years)	1m and 3m	E/D Springboard
	Platform (5m)	E/D 5m Platform
Group C (12/13 Years)	1m and 3m	C Springboard
	Platform (5m, 7.5m)	C Platform
Group B (14/15 Years)	1m and 3m	B Springboard
	Platform (5m, 7.5m, 10m)	B Platform
Group A (16/18 Years)	1m and 3m	A Springboard
	Platform (5m, 7.5m, 10m)	A Platform

SCHEDULE OF EVENTS

All competitions will take place on Saturday 30th January.

Please note: Competition times will be published following the entry deadline.

THIS SCHEDULE IS SUBJECT TO CHANGE

- Event 1: Group A Platform*
- Event 2: Group B Platform*
- Event 3: Advanced Lessons Boys and Girls
- Event 4: Group C Springboard* Boys and Girls
- Event 5: Group E/D Springboard*
- Event 6: Little Stars Boys and Girls
- Event 7: Intermediate Lessons Boys and Girls

Break

- Event 8: Development 2 Boys and Girls
- Event 9: Beginner Lessons Boys and Girls
- Event 10: Group E/D Platform*
- Event 11: Group C Platform*
- Event 12: Foundation Lessons Boys and Girls
- Event 12: Group A Springboard*
- Event 13: Group B Springboard*

*Events may run together depending on the number of entries.

Training

Training will be available prior to the start of Event 1 and during the break between Event 7 and Event 8. If you would like to book in training prior to Saturday 30th January please contact Daniel Campbell.

M: +971 (0) 50 526 7700

E: Dan@DuDive.com

ENTRIES

How to Enter

All entries must be made by completing the entry form on page 5 and returned via email to Daniel Campbell (Dan@DuDive.com). Entries must be paid in full, via cheque, on arrival at Hamdan Sports Complex.

Closing Date: All entries must be received by 12:00 noon, on Sunday 3rd January.

All entries received after this date will incur a 100AED late entry fee per event.

Entry Fees

Entry for the event will be charged at the following rate:

60AED per diver, per event

Entry for the event must be paid in full, via cheque, on arrival at Hamdan Sports Complex. Cheques are to be made payable to '**Premier Sports Services**'.

DIVE SHEETS

All dive sheets are to be submitted prior to the commencement of the first training session on Saturday 30th January. Blank dive sheets will be available for collection at the event. Alternatively, a copy of the dive sheet can be found on page 6, to be filled out prior to arriving at Hamdan Sports Complex.

EVENT CONDITIONS

Category	Board Height	Conditions
Group E/D (8/11 Years)	1m and 3m	3 dives from 3 groups (5.7dd) + 2 dives from 2 groups
	Platform (5m)	3 dives from 3 groups (5.4dd) + 2 dives from 2 groups
Group C (12/13 Years)	1m and 3m	3 dives from 3 groups (5.7dd) + 3 dives from 2 groups
	Platform (5m, 7.5m)	3 dives from 3 groups (5.4dd) + 2 dives from 2 groups
Group B (14/15 Years)	1m and 3m	4 dives from 4 groups (7.9dd) + 3 dives from 3 groups
	Platform (5m, 7.5m, 10m)	3 dives from 3 groups (5.7dd) + 3 dives from 3 groups
Group A (16/18 Years)	1m and 3m	5 dives from 4 groups (9.5dd) + 3 dives from 3 groups
	Platform (5m, 7.5m, 10m)	4 dives from 4 groups (7.6dd) + 3 dives from 3 groups

DuDive Winter Competition – Competition Regulations

Dives of the same number may be repeated on different boards.

Group C and group E/D divers may compete up to two entries per event;

- Forward Pike Fall (10B) will be competed with a degree of difficulty 1.0
- Forward Flat Fall (10A) will be competed with a degree of difficulty 1.2
- Forward Tuck Roll (11C) will be competed with a degree of difficulty 1.2
- Back Fall Straight (20A) will be competed with a degree of difficulty of 1.4

Only dives in the FINA diving tables or pursuant with the FINA formula may be executed

Divers will be responsible for the accuracy of their dive lists at the time of submission

Age Group categories and limits refer to the age the diver is on 31st December that year

Medals will be awarded to both the top 3 placed male and female DuDive competitors, AND to the top 3 placed overall male and female divers in each event

ENTRY FORM

Please complete the table below for all competitors entering the DuDive Winter Competition in BLOCK CAPITALS by Sunday 3rd January.

No.	Diver Name	Date of Birth	Club	Competition Entry		Entry Fee
1.				1		
				2		
2.				1		
				2		
3.				1		
				2		
4.				1		
				2		
5.				1		
				2		
6.				1		
				2		
7.				1		
				2		
8.				1		
				2		
9.				1		
				2		
10.				1		
				2		
11.				1		
				2		
12.				1		
				2		

DIVE SHEET

DuDive Winter Competition Dive Sheet



Start No. _____

Name: _____

Club: _____

Date of Birth: _____

Event: _____

Dive	Dive No.	Dive Description	Pos.	Height	D.D.	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total Award	Score
1												
2												
3												
4												
5												
6												
7												
8												
											Total:	

Diver Signature: _____

Referee Signature: _____

Coach Signature: _____

Date: _____

DuDive Rank: _____

Overall Rank: _____