great diving new friends

Welcome to the 34th

DIVING LUND 3-6 November 2016 Lund, Sweden









Sparbanken Skåne



Lots of information...

Arriving to Lund

When arriving to the pool, please report to our club office. It is situated to the left when you enter the building. You will get a "goodie bag" with food tickets, t-shirts, keys to the school and other information. You will also get a **Diving Lund accreditaion card**. Please use this in the pool entrance. Please also check with the office that all the economical issues are all clear.

The office is open **Wednesday 2 at 16-18** and **Thursday 3 at 08.00-14.00.** If you can't make these hours please contact <u>marianne@skposeidon.se</u>

The Pool

At the pool entrance you will get a **electronic key** for the lockers. These keys must be handed in every night. All lockers will be automatically opened during the night. A lost key must be replaced with 150 SEK. The lockers are situated at the second floor, you are not allowed to use the lockers on the first floor. Follow the yellow line on the floor to get there.

You are not allowed to use other parts of the pool (the Adventure pool) without paying. You should not pass through the Adventure pool on your way to and from the diving pool.

Dive sheets

Dive sheets must be registered at <u>diverecorder.co.uk</u>. The sheets must be registered not later than **Monday 31st October**. It is possible to change the sheets until 18.00 the day before competition. No late changes after this hour. Divers who don't register their sheets in time will be canceled from the event.

- 1. Go to web page: <u>diverecorder.co.uk/onlinesheets/meets.php</u>
- 2. Choose Diving Lund 2016 from list of available meets
- 3. Follow the instructions on the web page

Sheets must be signed by coaches and divers and handed in at the technical meeting.

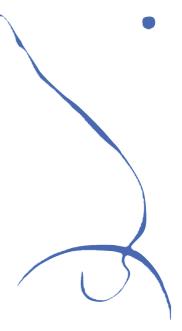
Dive sheet station

A *dive sheet station* will be open Wedensday - Saturday at 11.00-12.00 and 17.00-18.00. The office is in the pool area in the secretary office on the spectator stands. At the Dive sheet station the divers can:

- Register divesheets
- Sign their dive sheets (2 hours before competition)
- Make changes in sheets (24 hours before competition)

Food

Thursday	Lunch - Stadsparkscaféet 12.00-14.00		
	Dinner - Hotel Lundia 18.00-20.30		
Friday	Breakfast* - Polhem school 06.45-08.15		
	Lunch - Stadsparkscaféet 11.30-13.30		
	Dinner - Hotel Lundia 18.00-20.30		
Saturday	Breakfast* - Polhem school	06.45-08.15	
	Lunch - Stadsparkscaféet 11.30-13.30		
	Party - Polhem School 18.30-22.30		
Sunday	Breakfast* - Polhem school	06.45-08.15	
	Lunch - Stadsparkscaféet 11.30-14.00		



Refreshments

Coffee and sandwiches for coaches and judges will be served at the pool during competitions from Friday!

Technical Meeting

There will be a technical meeting at the conference room on the second floor, above the office on Thursday at 14.00. We need at least one representative from each club at the meeting.

Coaches Party

Diving Lund has the honour to invite all coaches to a Coaches Party on Friday at 19.00-22.30. There will be served refreshments and snacks in the café on the second floor just above the office. This is an opportunity to meet other coaches and officials from the other clubs. Hope to see you there!

Divers Party

On Saturday night there will be a party at Polhem school at 18.30-22.30. A buffé will be served and there will be a disco for the divers in the basement. The coaches can relax with some refreshments while the divers enjoy themselves.

Judges

You will find a updated list of judge panels on <u>divinglund.com</u> (from Monday 31 Oct). On the technical meeting the list will be finally set.

All judges are asked bring white neutral clothes to use during judging.

C-group

Group C is devided into two groups; C1 born 2003 and C2 born 2004 and later. Girls C1 and C2 will take place simultaneously. Girls C1 will dive on the boards (1 and 3 m) closest to the spectator stands and Girls C2 will dive on the boards on the opposite side. Signs will be placed on the boards.

Training Hours

Wednesday: 17.00 - 20.00 Thursday: 09.00 - competition starts Friday: 07.00 - competition starts Saturday: 07.00 - competition starts Sunday: 07.00 - competition starts

Opening Ceremony

There will be an Opening Ceremony on Friday afternoon at 17.00. Only two divers from each team. Please gather 16.45 at the stairs to the lockers.

Dry land facilities

The workout room behind the spectator stands can not be used due to safety reasons. Dry board can be used during training hours under supervision of a leader. The dry-land trainingroom is closed during the competitions.



Schedule Diving Lund 2016				
Thursday	16.00	1.	Boys C1+C2 Platform	
		3.	Girls B 1m	
		4.	Women Int 3m	
Friday	09.00	5.	Men Int 3m	
		6.	Women Int platform	
		7.	Boys C2 1m	
			Lunch	
	13.00	8.	Girls C1 1m	
	13.00	9.	Girls C2 1m	
		10.	Boys C1 3m	
		11.	Boys B Platform	
	17.00		Opening ceremony	
	17.20	12.	Girls B 3m	
Saturday	09.00	13.	Girls C2 Platform	
		14.	Women Int 1m	
		15.	Boys C2 3m	
			Lunch	
	13.00	16.	Girls C1 Platform	
		17.	Boys C1 1m	
		18.	Men Int Platform	
		19.	Boys B 3m	
Sunday	09.00	20.	Girls C1 3m	
	09.00	21.	Girls C2 3m	
		24.	Boys B 1m	
		23.	Girls B platform	
		24.	Men Int 1m	

