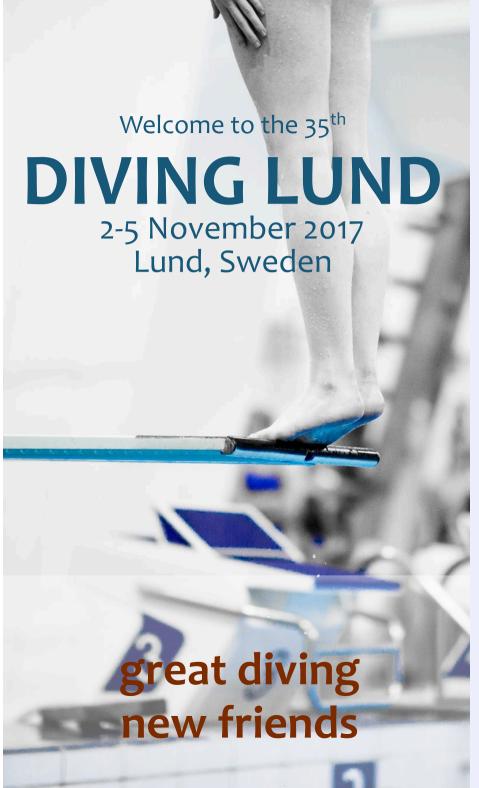
# **WELCOME TO LUND**

Since 1981 SK Poseidon and Lund have hosted the international diving meet Diving Lund with guests from all over the world.

Lund, situated in the centre of the attractive and expansive Öresund region in southern Sweden, is one of the oldest cities in Sweden with a history more than one thousand years old. Over the centuries it has earned a reputation for being a place where people meet, and, today, more than ever, Lund is a meeting place for ideas and creativity.

Here, the university, science-park, multicultural atmosphere and historical surroundings make up a unique combination. This, along with its central situation, has turned Lund into an international city where ideas are born - ideas that build enterprises and achieve success both nationally and internationally.





# **Getting here**



#### by air

Copenhagen Airport (50 km from Lund) From Copenhagen Airport there are trains to Lund every 20 minutes (50 minutes travel)

Malmö Airport (30 km from Lund) From Malmö Airport there are Airport Coaches to Lund (30 minutes travel)

## by train

Lund Central Station is situated along the railroad between Copenhagen-Gothenburg/Oslo/Stockholm, a heavy trafficked route.

#### by car

Close to Lund the two great highways E6 and E22 meet.



# Events and Series (FINA 2013-2017 rules)

International group Women: 1m, 3m and tower: Five (5) dives from five (5) different groups, without limit of degree of difficulty.

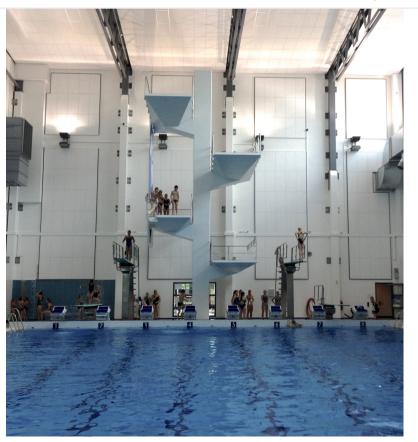
Men: 1m and 3m: Six (6) dives from five (5) different groups without limit of degree of difficulty Tower: Six (6) dives from six (6) different groups without limit of degree of difficulty.

A-group (born 1999-2001) FINA's A-series on 1m and 3m (Girls 5+4 dives & Boys 5+5 dives) 5-10 m (Girls 4+4 dives & Boys 4+5 dives).

B-group FINA's B-series on 1m and 3m (Girls 5+3 dives & Boys 5+4 dives) (born 2002-2003) 5-10 m (Girls 4+3 dives & Boys 4+4 dives).

C-group FINA's C-series on 1m and 3m (Girls 5+2 dives & Boys 5+3 dives) (born 2004-) 5-7,5 m (Girls 4+2 dives & Boys 4+3 dives).

If the number of divers in an event is 30 or more, the event will be divided in two age groups.



#### **Facilities**

The pool Högevall in Lund was built in 1980. After 30 years of serving the citizens, it was time to modernise and grow bigger. During 2011 and 2012 the pool has been through a major renovation. The diving pool has been isolated from the rest of the pools and a spectator stands has been built.

Diving Facilities are

- 2 \* 1 metre Maxiflex springboards
- 2 \* 3 metre Maxiflex springboards
- 3-5-7½-10 metre platform
- Dry land springboard (Maxiflex)
- Bubble machine

# great diving new friends

The divers community is like one big family. And a diving meet is a great way to meet new friends from other parts of the world. We therefore arrange two social gatherings for our guests.

## **Coaches After Dive**

On Friday night, after dinner, all coaches, leaders and judges are welcome to a social gathering. We serve refreshments and give you an opportunity to sit and meet old and new friends. This is free of charge.

# **Divers** party

On Saturday night there is a big party for all participants. Good food and a disco for the divers will make an unforgettable evening.



#### School Accommodation:

Accommodation at the <u>Polhem School</u> and full board. You need to bring your own sleeping-bag and mattress.

#### Hotel

You can stay at, <u>Hotel Lundia</u> or <u>Hotel Concordia</u>. Full board. Breakfast at the hotel, lunch and dinner at restaurants.

The More Hotel is an hotel apartment with full board.

Breakfast at the hotel, lunch and dinner at restaurants.

- **Breakfast** will be served at Polhemschool for those sleeping at the school.
- **Lunch** will be served at Stadsparkscaféet, a restaurant in the park next to the pool.
- **Dinner** on Thursday and Friday will be served at Hotel Lundia. Saturday dinner is a part of Divers party at the Polhem school.
- Some refreshments will be served at poolside for coaches and officials.
- There is a café by the pool where you can buy refreshments.

	Lundia	Concordia	The More Hotel	Polhem School	
Accomodation	Hotel	Hotel	Hotel Apartment hotel		
Food	Full board	Full board	Full board	Full board	
Distance to the pool	1000 m (12 min walk)	800 m (10 min walk)	1200 m (16 min walk)	750 m (9 min walk)	

Prices/person Full board (SEK)										
	Thursday-Sunday				Friday-Sunday					
(all prices in SEK)	single	double	triple	quad	single	double	triple	quad		
Lundia Hotel	3800	2900	2600	-	2400	1900	1700	-		
Concordia Hotel	3800	2900	2600	-	2400	1900	1700	-		
The More Hotel	-	2600	2400	2200	-	1800	1700	1600		
Polhem School	1550	-	-	-	1200	-	-	-		

#### Food included in the Thursday-Sunday deal:

- Lunch Thursday
- Dinner Thursday
- Breakfast Friday
- Lunch Friday
- Dinner Friday
- Breakfast Saturday
- Lunch Saturday
- Divers Party Saturday
- Breakfast Sunday
- Lunch Sunday

If you plan to arrive before Thursday and/or leave after Sunday let us know and we will arrange extra nights in the hotel for you. Unfortunately we have no access to the Polhem school before Thursday and after Sunday so extra nights in the Polhem school is not possible. Attention! We can not guarantee that you will get the hotel you asked for. The earlier you send in your entry forms, the better.

# **Hotel booking rules**

We have pre-booked the hotels until September 30. You must book before this date. The hotels need names of all guests sharing rooms.

Please use our web registration form:

Accomodation: https://goo.gl/forms/

erZr99NKXzRoeL1l1

The booking can be cancelled only if the hotels allow it. But not later than one week before arrival.



Payment must be done before arrival.

#### **Training**

Wednesday: 17.00-20.00

Thursday: 09.00-competition starts Friday: 07.00- competition starts Saturday: 07.00- competition starts Sunday: 07.00- competition starts

## Competition

The competition starts on Thursday at 16.00 and will finish on Sunday not later than 16.00. With reservation for changes. The event schedule will be presented when registration has closed.

# **Technical meeting**

There will be a technical meeting in the Diving Lund office on Thursday at 14.00

# Coaches party

On Friday we are happy to invite all coaches and officials to a social gathering at the Diving Lund office for some snacks and mingle. This is free of charge.

# **Diving Party**

On Saturday there will be a party for all divers, coaches and officials.

# Diving sheets

For diving sheets please use the link to hand in online (opens September 30):

http://www.diverecorder.co.uk/onlinesheets/index.php

Please register the dives before October 30. Changes can be made before 18.00 the day before. Late changes cost €5 and can be made until the competition starts.

# Entry fee

The entry fee is 200 SEK/start. (Diving Lund T-shirt is included). Entries arriving **after September 30** will be charged 300 SEK/start.

# Payment

Both entry fees, accommodation and food must be payed before arrival, **otherwise the registration can be cancelled.** Invoice will be sent after registration.

# Registration forms

Divers and Officials: https://goo.gl/forms/ Bb6HePvymQMzLjG72

Accomodation: https://goo.gl/forms/erZrg9NKXzRoeL1l1



## **Booking and registration rules**

The booking is binding. No cancellations allowed after September 30. Payment must be done before arrival. An invoice will be sent after registration.

There is a total maximum of 150 divers in the meet.







#### Information:

- E-mail: divinglund@skposeidon.se
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- Post address: SK Poseidon Box 1555,
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- Venue: Högevallsbadet, Högevallsgatan 1, Lund Sweden
- Fax: +46-46-189779
- Web: www.divinglund.com
- Google Maps: https://goo.gl/maps/ z5YDjHFBXAz